

One in four Mexican-Americans has diabetes and doesn't know it. Kennesaw State's Astrid Rozo-Rivera is working to change that.

Dr. Rozo-Rivera, an adjunct faculty member and research scientist, co-founded Project IDEAL, which has helped hundreds of Latino diabetics in Georgia recognize and manage their disease.

Through the project, Kennesaw State student volunteers teach nutrition and test blood sugar levels for Latino populations. They become immersed in Spanish culture and language and connect with health care organizations that may someday be their future employers.

Because of Astrid Rozo-Rivera, a community of Georgians is on a path to better health. And Georgia's medical community will soon benefit from the next generation of health care providers.

